



Mama I'm Low Sick Day Workshop

Wednesday, December 6

7:00 p.m. - 8:30 p.m.

Hilyard Community Center
2580 Hilyard St., Eugene

There are many things to consider when developing a sick day plan. Any illness or injury, from the simplest of colds to the flu or a sprained ankle, can have an impact on blood sugars.

Certified Diabetes Educator Julie Dewsnup, RPh, CDE, CPT will join us for our evening meeting to go over sick day protocol. Julie will offer guidelines on how to manage checking blood sugars and ketones (blood vs urine), temporary basal settings, and suggestions and hints for how to take a little of the guess work out of those nasty sick days.



Julie and Kifaia Hassan, PharmD, CPT are opening a pharmacy/ diabetes clinic in Eugene. They will offer pharmacy services along with diabetes education, medication therapy management, pump starts, and collaborative practice agreements with your physician. The Diabetes Community Care Team is here to be another resource for people living with diabetes.

For information contact:
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sponsored by
mama i'm low
for families living with type 1 diabetes